HOLD YOUR OWN
VIRTUAL WALK FOR WATER
DETAILS ON BACK
3 Steps: Walk for Water

1. **REGISTER**
   Sign up as a fundraiser to raise money for your virtual walk (link below). Share your fundraiser with your network and start collecting donations!

   [link](https://www.h2oforlifeschools.org/sponsors/766)

2. **CHOOSE YOUR "WALK"**
   Whether you will be walking on a treadmill, doing laps around your house, or strolling around the neighborhood, this is your symbolic opportunity to celebrate clean water!

3. **SHARE WIDELY!**
   Share how you chose to walk on social media. Be sure to tag us so we can share it to our story! #h2oforlife #walkforwater, @h2oschools Not on social media? Send a picture or video to [info@h2oforlifeschools.org](mailto:info@h2oforlifeschools.org)

### Something to walk for

Due to COVID-19, many H2O for Life schools are unable to raise funds for their partner schools as they had planned this year. Because of this unfortunate situation, we are encouraging individuals to hold their own Virtual Walk for Water to help us fund the 60 projects that were pledged before widescale quarantines took effect.

An H2O for Life Walk for Water is a fundraising and awareness-raising concept where students, family members and community members walk 5 kilometers, carrying 6 liters of water by hand or in a backpack. That's slightly more than 3 miles, and is the average distance that women, boys, and girls in developing countries must walk every day, typically carrying 20 liters of water. All funds will support WASH projects around the world.

### Water for children worldwide

There is an urgent need for water, sanitation and hygiene education projects (WASH in Schools) for schools around the world.

The relationship between water and health is significant. An estimated two million people die every year from diarrhea-related diseases. Children, especially those under the age of five, are most susceptible to the ultimate horrors of water-borne diseases. Access to clean water and adequate sanitation substantially decreases the mortality rates among children.